



*HEALTH, NUTRITION, DIET
Change, Support & Accountability TEAM
JANUARY (1/9) MEETING*

♥ **Start the New Year off right** and get your health, body and well-being back, on track and feeling good once again!

♥ Let's begin 2020 with some **cheer, toast, New Year blessing and present** to our health like we give to our friends and family. It can't be left out; it's not fair and doesn't deserve it.

♥ Also, do the Holidays leave you feeling **tired, bloated, groggy** and with a little extra weight?

♥ Are you determined this time, this year to **finally do what you "know perfectly well"** your health, body and well-being needs the most?

Then come, bring someone; don't miss the:

Thurs., 1/9, 6-8 pm

Blended, panel meeting

Panel, not just a speaker; In-person 3117 Lathrop Ave. Racine, WI, or call-in (605) 472-5291 code: 473321

To get your **health, body back, on track; where you want it to be**, and feeling good, great once again!

We will give our health a toast, New Year blessing and present—**just what it wants, needs** like making at least one change, improvement or breakthrough, or overcoming one excuse, challenge or block.

=====

See www.maxfulfillment.com/sundayhealthmeeting/

Post, share, pass it along to "people and places".

Contact Randy 847 809-4821, randy@maxfulfillment.com